

Certificate Program in Integrative Health:
CAM Specialist Training
www.akamaiuniversity.us / www.cam institute.com



AKAMAI UNIVERSITY

Institute for CAM Studies



Certificate Program in Integrative Health: CAM Specialist Training

Concentration Options: Energy Medicine, Energy Kinesiology, Energy Psychology,
Energy Dynamics, Transpersonal Studies, Integrative Health

Offered through Energy Medicine Partnerships International

Affiliated with Akamai University Division of Continuing Education



www.energymedicinpartnerships.com

Description: The CAM Specialist Training Program is offered through Akamai University Division of Continuing Education and the Institute for CAM Studies. There are six concentration options to choose from: Energy Medicine, Energy Kinesiology, Energy Psychology, Energy Dynamics, Transpersonal Studies and Integrative Health. The program is designed for those interested in a professional training certificate for clinical practice and / or clinical teaching.

Goal: The CAM Specialist Certificate Program is offered to support individual's specialty practice in Complementary and Alternative Medicine based on their interest, professional training and background.



Instructor: Dr. Mary Jo Bulbrook, CEMP/S/I,
President of Energy Medicine Partnerships International
Dean of the Institute for CAM Studies & Division of Continuing Education
at Akamai University.

40 + Years in the Practice, and Teaching in Energy Medicine working with indigenous healers in four countries: Australia, New Zealand, South Africa & Peru.

Registration on line - or contact Dr. Mary Jo Bulbrook +1.919.923.2409
maryjo@energymedicinpartnerships.com / [bulbrookmj](#) through Skype

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Continuing Education Units: The CAM Specialist Program consists of 18 CEU's (Continuing Education Units) or a minimum of 180 - 200 contact hours of study, reflection, training, practice and mentorship that leads to a CAM Certified Specialist.

Curriculum:

- Part I – Foundational Energy Based Training 9 CEU's = 90 contact hour minimum (Can transfer completed certificate training from an approved energy modality such as Healing Touch, Transform Your Life through Energy Medicine, Touch For Health, Reiki, Etc.*
 - Introductory seminar optional = 3 contact hours
 - Initial Energy Healing Based Training* = 60 contact hours
 - Initial Practical Supervised Application = 30 contact hours
- Part II – Preparation for Specialist Training (9 CEU's = 90 contact hours)
 - Specialist Development, & Interventions = 16 contact hours
 - Specialist Practicum 16 hours minimum outlining previous training
 - Mentorship = 20 contact hours' minimum + project 20 contact hours
- Part III – Certificate through Energy Medicine Partnerships International – Documentation of your Specialist Training as verified by a professional project or paper outlining your specialty 10 contact hours & Professional Ethics Course 1 CEU = 10 contact hours

**Initial energy based training is foundational to specialist track. A student either comes into the program with this training or takes it as Part I foundational energetic care such as Healing Touch Program, Transform Your Life through Energy Medicine, Reiki, Yoga, Touch For Health, Optimal Health, Integrative Medicine, Donna Eden Energy Medicine, Barbara Brennan or Rosalyn Buyere.*

Descriptions of CAM Specialist Training Program

Part 1 Goal: Foundational Energy Based Training

During this course the student will build on his / her professional training in the health care field or another field, apply energy based therapies from previous training such as Transform Your Life through Energy Medicine, Healing Touch, Reiki, Subtle Communication Systems, Therapeutic Touch, Energy Medicine, Touch for Health, Energy Psychology, Yogi, Tai Chi or Qi Gong, Sound Healing, Life Coaching, Naturopathy, and other eligible completed energy training. Includes also energetic self-care to then apply to clients, Explore the ethical dimensions in providing energy based care. Define your spiritual growth and healing needs. Complete supervised mentorship. Professionally demonstrate your growth. The student can take a primary unit in Healing Touch, Energy Medicine or Touch For Health at the same time as part of the specialist training.

Part 2 CAM Specialist Training

This includes an introduction to Dr. Mary Jo Bulbrook's specialty. *Soul Healing* - an exciting in-depth opportunity to explore blocks to your personal journey in life as well as opening the door to increase your healing abilities and Soul Light. This theory and practice uses your own spiritual framework to produce changes in your energy system.

This is usually taken 6 months to a year later and provides the documentation of the journey to complete your work. It can be done on line as well as in person with peers. The person will be awarded the title CAM Specialist with a concentration in: Energy Medicine, Energy Kinesiology, Energy Dynamics, Energy Psychology, Transpersonal Studies, Integral Health.

Part 3 Certification = \$300

Once completing the CAM Specialist training the person can submit their credentials to EMPI certification board for the awarding of Board Certified CAM Specialist.

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CAM Specialist Training

Certificate Program

Practice and / or teaching of energetic approach for Healing for Body, Emotion, Mind & Spirit

Program Content:

- ✓ Capture Your Story & Professional Development
- ✓ Learn Helpful Talk & Compassionate Listening
- ✓ Describe & Practice Interventions Specific to Your Specialty
- ✓ Evaluate Effectiveness of Growth & Change
- ✓ Learn & Share Unconditional Love & Healing
- ✓ Create & Practice Your Personal Self Care Program to Maintain Health & Model Well-Being

Program Objectives:

Participants learning to become a CAM Specialist will be able to:

1. Define your personal specialty practice.
2. Assess your current body, emotion, mind and spiritual health.
3. Clear your spiritual path and define your life goal and specialty practice & teaching.
4. Develop and evolve your spiritual practices to enhance your life purpose.
5. Create your specialty image: web site, name, description, business card, etc.
6. Explore & integrate resources to support your specialty.
7. Demonstrate your specialty practice / teaching.

Eligible Participants for the Training: The training is open to anyone desiring to receive a Certificate as a CAM Specialist in Integrative Health Studies. This training is foundational for those who desire to be teachers of this program, mentors and supervisors.

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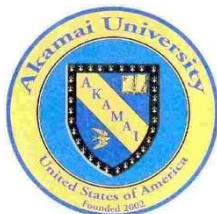
Program Fees:

Total program Cost: \$2500 for 16 continuing education units. If you transfer in basic completed foundational training of a minimum of 6 CEU's (60 hours) the fee is \$1800 includes 16 continuing education units with international accreditation, core specialist training, modules, spiritual development, mentorship and certificate. Total minimum contact hours of 160 - 200 contact hours to receive the CAM Certified Specialist Certificate. Additional fees may be charged for additional mentorship and healing as needed beyond the basic program.

All fees are payable to EMPI. Includes University credit through Akamai University Division of Continuing Education. After each segment contact hours will be awarded documenting the segment taken and the number of contact hours. Payment options are available. Part I training also available as stand-alone costs without registration for the whole program. A repeater fee for courses and modules is one/half the cost of each segment.



Institute Affiliated Partners:



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Development of the CAM Specialist

The development of the CAM Specialist is a spiritual process of self-reflection, connecting with spiritual guidance & your life purpose, self-care and on-going spiritual growth and training that fits your personal beliefs and professional goals. Working with a mentor or supervisor can enrich your development and promote healing to clear your path to actualize your educational goals in alignment with your spiritual life purpose. The following guide is developed to support this evolutionary process to empower you to achieve your calling.

Phase I – Telling Your Story

- My story of my path to spiritual development is...
- My feelings about this are...
- I think that spiritually I am ...
- My heart is...
- What I want to say about my interest in spiritually guided work is...
- My visions for myself at the time is...
- Spiritually I am...

Phase II - Background to Your Path

- Describe what has been your experience over time...
- Include what your feeling and thoughts are...
- How have your relationships been affected with this change in you...
- What have others said about you and how has that affected you with this new interest...
- Describe your ideas about a spiritual practice

Phase II – Defining Your Goals Empowerment to clear and heal body, emotion, mind and spirit

- Central Power Current clearing & alignment
- Energy Field Drain & Replenishment
- Energy Centers Clearing & Balancing
- Energy Tracts Vitalized & Return to Functioning
- Reconnecting to self, family and friends in this dimension

For More Information, Contact Program Developer:

Dr. Mary Jo Bulbrook, CEMP/S/I, Dean of the Institute for CAM Studies

In Person Training available on-line and in person at The Gathering Place for The CAM Academy 3211 Gibson Road, Durham, NC 27703 Phone / Fax 1.919.923.2409 / cell 1.919.923.2409

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